

MAT STAFF

SHARON COOPER,
Addiction Counselor:

- Assessment of addiction problems
- Conduct individual, group therapy
- Community outreach to encourage participation

DR. WAYNE MACFADDEN,
Psychiatrist and
Addiction Specialist:

- Psychiatric assessments and treatment
- Initiation of medications
- Ongoing monitoring of patient's progress

ANDREA MACFADDEN,
Advanced Practice Nurse,
Board Certified:

- Psychiatric assessments
- Initiation of medications
- Ongoing monitoring of patient's progress

JONI HENRY,
Licensed Independent Clinical
Social Worker:

- Therapist
- Behavioral Health Clinic Supervisor

DEBORAH HANSON,
Licensed Independent Clinical
Social Worker:

- Therapist
- Community Outreach

TANA TRIEPKE,
Pharmacist:

- Certified tobacco treatment specialist
- Patient education
- Community Outreach

WINONA ST. CLAIRE,
Assistant

- Appointment scheduling
- Patient Intake



SPIRIT LAKE HEALTH CENTER

BEHAVIORAL HEALTH

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MEDICATION ASSISTED TREATMENT

SPIRIT LAKE BEHAVIORAL HEALTH



MAT SERVICES:

- Drug and alcohol assessment
- Psychiatric evaluation
- Individual and group therapy
- Psychiatric medication management
- Medication Assisted Treatments (MAT)
- Case Management
- Community outreach and support to schools

MEDICATION ASSISTED TREATMENT (MAT)

What is Medication Assisted Treatment (MAT)?

MAT is the use of FDA approved medications in combination with counseling and behavioral therapies, to treat substance abuse disorders

- i. It is a proven, effective therapy for many people to reduce their drug of use
- ii. It can help some people achieve, and maintain recovery

WHY IS IT IMPORTANT?

Drug and alcohol abuse affects many members of the Spirit Lake Tribe causing significant medical, social, and psychiatric problems. MAT can reduce the harm drugs and alcohol cause for patients and their families

How does it work?

People suffering from substance abuse disorders in the Spirit Lake community come in for an evaluation by the MAT team at the Behavioral Health Clinic. This includes an assessment of their drug and alcohol use, their social and environmental circumstances, their medical condition, and their mental health status.

If they are appropriate for MAT, an individualized treatment plan is developed.

THIS CAN INCLUDE:

- i. Starting medications to reduce addictions
- ii. Initiating counseling and behavioral therapies tailored to the patient's needs (this may include individual, group or family therapy)
- iii. Regular follow up at the Behavioral Health to monitor progress
- iv. Integration with services at Wellness & Recovery

We will listen closely to you, help you express your feelings, identify and think through decisions. Many people have been helped through times of trouble and sadness by sharing concerns with someone else. Modern medication may also be of some benefit to you.

If you feel that you could use this kind of help, we believe you are showing strength to ask for help.

HELP IS JUST A PHONE CALL AWAY

**Spirit Lake Health Center
Behavioral Health Clinic:
701-766-1613 or 701-766-1600**

**Lake Region Human Service
Center
701-665-2200**

**Lake Region Crisis Line
701-662-5050**

**First Link Help Line
*211 or 1-800-472-2911**

**Spirit Lake Police
Department
911 or 701-766-4231**

**HOURS OF OPERATION
Monday-Friday
8:00am-4:30pm**